 瑪麗醫院 QUEEN MARY HOSPITAL	Department of Obstetrics and Gynaecology	Document No.	OGOB0094(I)-E
		Last review date	Sept 2017
	Subject Checklist for delivery after Caesarean Section	Next review date	Sept 2020
		Approved by	Obstetrics Team, QMH
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Checklist for Delivery after Caesarean Section

Labels

Type of previous scar of womb:

lower segment / involving upper segment / unknown.
 (delete where appropriate)

Previous operation / Caesarean section record available?

Yes / No

Vaginal birth after Caesarean section (VBAC)

Successful rate (average 72-75% in spontaneous labour, but decrease in labour with medical induction/ augmentation)

Risks

Mother: Womb rupture (rare, risk 22-74 per 10,000)

Baby: perinatal mortality and morbidity including intrapartum infant death (small) and cerebral palsy (uncertain)


Risk of perinatal mortality associated with VBAC (4 per 10,000) is higher than that with elective repeat Caesarean section but similar to that with women having their first birth.

Benefits (in successful vaginal birth)

Mother: Short term - safest method
 quicker recovery
 less blood loss
 less infection
 fewer complications from operation
 fewer thromboembolic events

Long term - fewer placenta praevia
 fewer morbidly adherent placentae
 lower risk of womb rupture

Baby: breathe better

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Elective repeat Caesarean section (ERCS)

Risks

- Mother: short term- higher risk of complications from surgery (e.g. organs injury especially bladder, ureter and bowel, haemorrhage, wound complications)
- Long term- higher risks of placenta praevia
 higher risk of morbidly adherent placentae
 higher risk of womb rupture

Baby: Wet lung of newborn

Benefits

- Mother: reduce morbidity compared to emergency operation in case of failed trial of vaginal birth
- Baby: reduce risk of perinatal morbidity and mortality

Future pregnancy: Advised repeat Caesarean section in view of two previous Caesarean section

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I want to attempt VBAC. / I want to have elective repeat Caesarean section.

 (Patient's signature)

 (Doctor's name and signature)

Date: _____